

Practice Plus Group Ophthalmology

National AMD Service Referrer Pack



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Treatment information

We can treat most macular conditions that respond to Intra Vitreal injections (IVI)

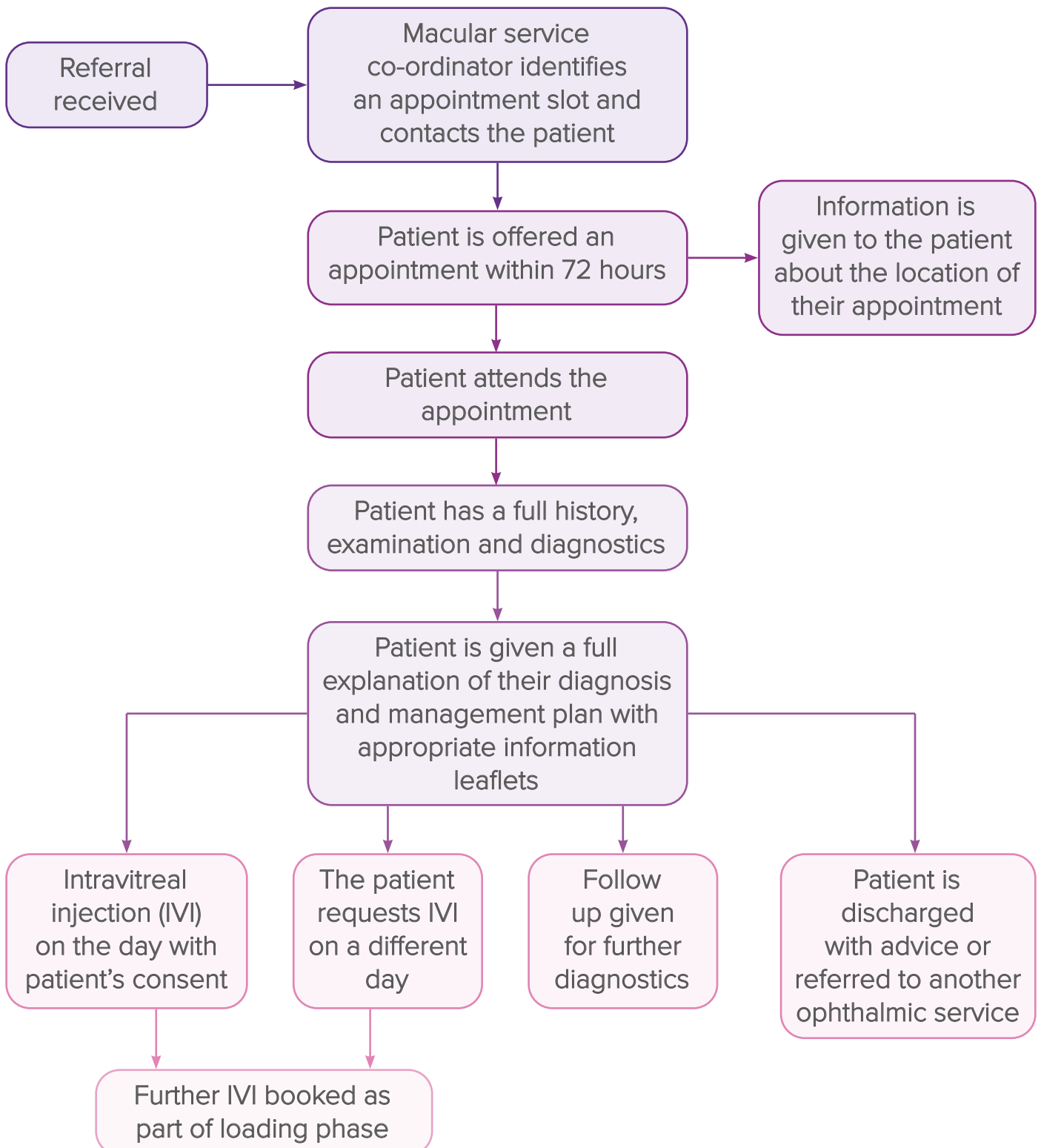
- Wet Macular Degeneration (WAMD)
- Diabetic Macular Oedema (DMO)
- Vein Occlusions (VO)
- Neovascular membranes associated with myopia (Myopic CNVM)

These conditions may be treated with Lucentis, Eylea, Avastin or Beovu.

We do not treat:

- Dry AMD
- Epiretinal Membranes
- Macular Holes

Patient Pathway



Practice Plus Group Ophthalmology

National AMD service

How to refer

We pride ourselves on our fast and effective referral systems. We offer 100% of our patients an appointment within 72 hours of receiving their first referral.

To refer a patient to us, you can use several different options:

ERS - We receive referrals via a DOS (Directory of Service) on ERS, which allows referrers to refer in to us and book an appointment for a patient. As a result of the above, searching on ERS the AMD service will be shown as an 'Appointment Request' service. The DOS is published on the secondary care menu on ERS, so it is open to anybody at all to make a referral into the service. The DOS name is in the following format; PRACTICE PLUS GROUP - SHEPTON MALLET WET AMD

TEL - 0333 321 8278

Email - practiceplusgrp.wetamdsheptonmallet@nhs.net

*when searching for a service to refer in to, depending on the distance Practice Plus Group may/may not show – therefore you may need to increase the distance you are searching.



Practice Plus Group Ophthalmology

Service locations

We currently have sites at:

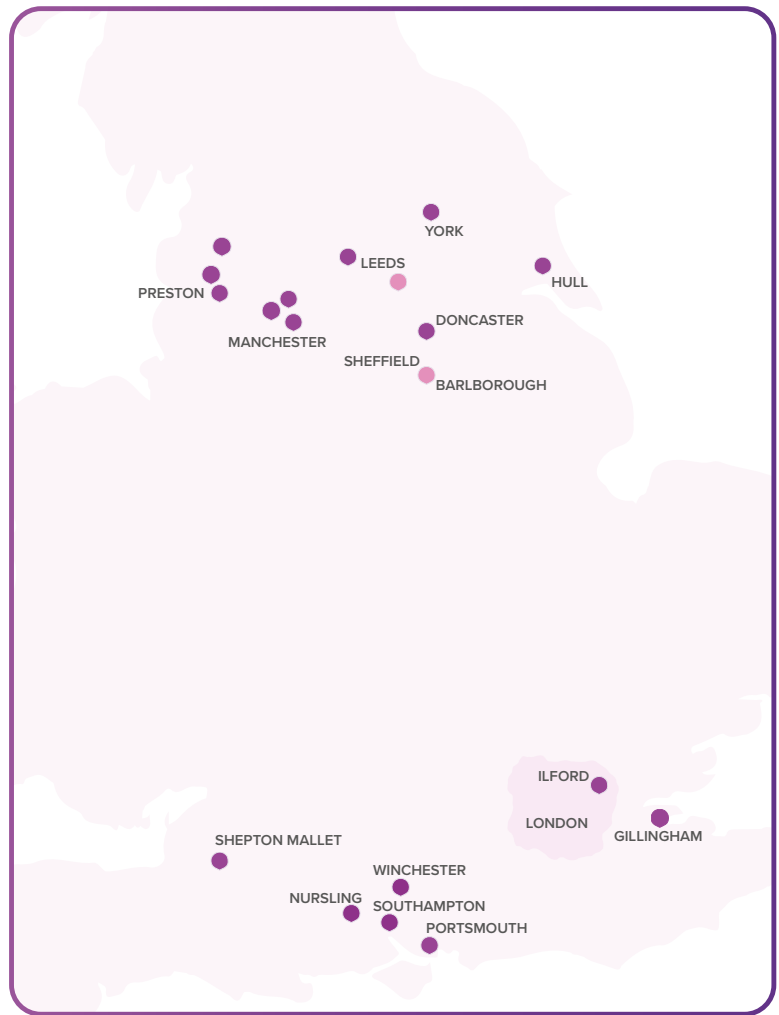
Shepton Mallet,
Gillingham,
Bradford,
Doncaster,
Hull,
Southampton,
York.

Existing Northwest sites:

Rochdale,
Preston,
Chorley,
Longridge,
Ashton-Under-Lyne,
Bury.

Upcoming national sites:

Barlborough,
Portsmouth,
Castleford.



The 72-hour response service can enhance local patient experience, by improving access and reducing treatment times. With a proven record of successful Wet AMD and macular service delivery, this is an attractive option for patients who choose the service to carry out their Wet AMD treatments.

For more information, please visit our website:
sheptonmallethospital.co.uk

Practice Plus Group Ophthalmology

Wet AMD Rapid access referral form

Name of referring practice: _____ Date of patient exam: _____

Patient details

Name: _____ DOB: _____ NHS number: _____

Address: _____

Contact telephone number: _____

GP name: _____ GP surgery: _____

GP address: _____

GP telephone number: _____

OPTOMETRIST DETAILS (please print, do not use a stamp)

Name: _____ Practice: _____

GOC number: _____ Address: _____

Tel: _____ Email: _____

AFFECTED EYE: Right Left

Past history in either eye

Previous AMD Right Left

Myopia Right Left

Other Right Left

Referral guidelines

PRESENTING SYMPTOMS IN AFFECTED EYE (one answer must be 'yes')

Duration of visual loss:

Please specify

1. Visual loss Yes No

2. Central vision loss Yes No

3. Onset of scotoma (or blurred spot) in central vision Yes No

FINDINGS Best corrected VA (must be 6/96 or better in affected eye)

1. Distance VA Right / Left /

2. Near VA Right Left

3. Macular drusen (either eye) Right Left

4. I.O.P reading Right Left

In the affected eye ONLY, presence of:

5. Macular haemorrhage (preretinal, retinal, subretinal) Yes No

6. Subretinal fluid Yes No

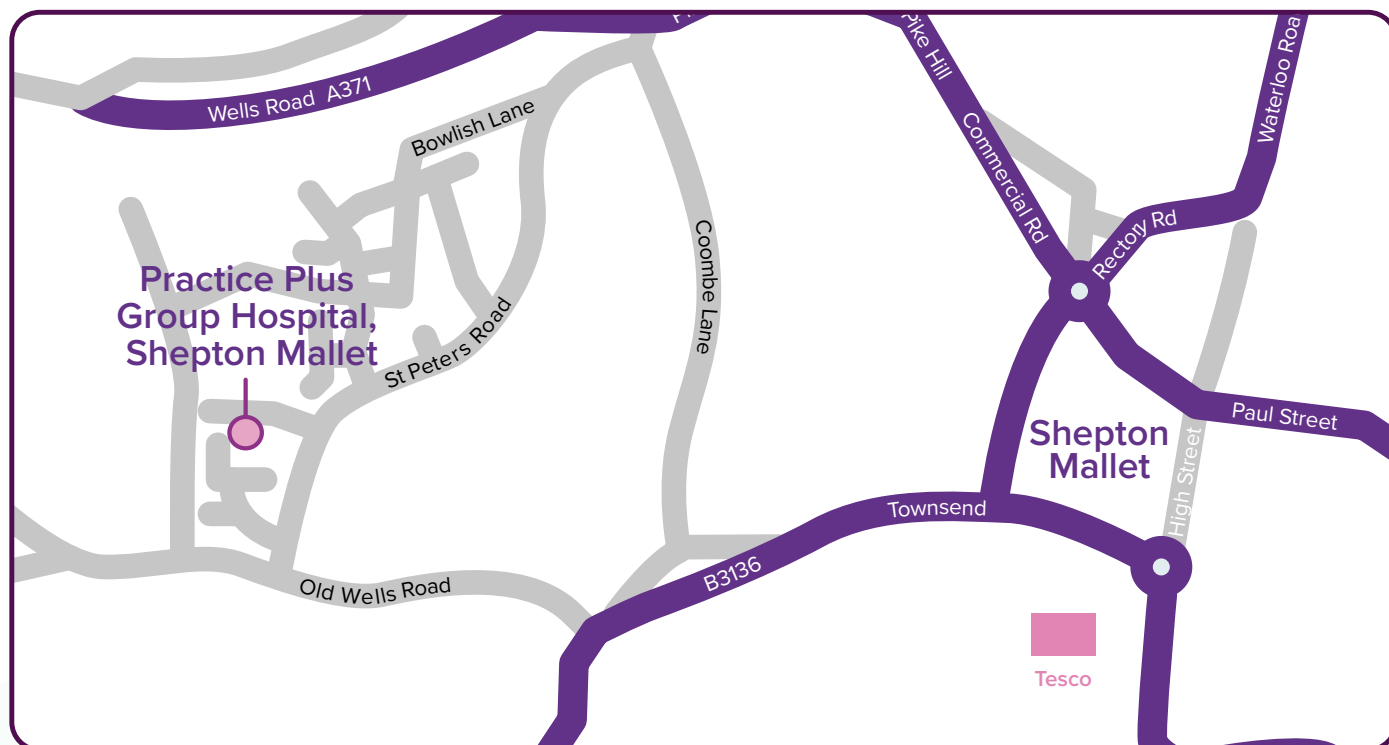
7. Exudate Yes No

Comments/additional requirements



Practice Plus Group Hospital, Shepton Mallet

How to find us



Old Wells Road, Shepton Mallet, Somerset BA4 4LP

For satellite navigation systems use post code BA4 4PG.

Travelling to the hospital

We have free on-site parking should you choose to drive, though we would encourage you to use public transport whenever possible. For satellite navigation systems use post code BA4 4PG.

For bus details please contact Firstbus on 0345 646 0707.

firstgroup.com/westofengland

Patient transport services

Some patients may be eligible for assistance with transport to the hospital. Please contact the hospital for details.

Healthcare travel costs

Some patients may be eligible for help with travel costs. For more information go to www.nhs.uk/healthcosts or ask reception for a HC5 form.

FAQs

1. How long will the appointment take from start – finish?

On a patient's first visit to us, their first appointment will last approximately 30 minutes. For all follow up appointments, approximately 20 minutes.

2. Will I be able to drive to and from the appointment?

We advise patients not to drive to their first appointment as we have to dilate the eyes. It is ok to drive to all follow up appointments.

3. How long is the recovery of AMD injections?

After the AMD injections, patients may feel a gritty/foreign body sensation within the eye ranging between an hour and all day. Patients may see an occasional 'floater' for 48 hours and have blurred vision for 24 – 48 hours. Normally patients will feel better by the next day.

4. Do I need to bring anything to my appointments?

We request that patients bring their prescription glasses and current medication lists.

5. How many injections will I need to have/how often will I need to have them?

Initially patients will receive three monthly injections as a loading dose. Injections may continue monthly but most patients have the interval extended. Following this, our AMD team will review this and discuss a management plan with the patient. Follow up appointments will be for at least two years.



6. Is it safe to attend appointments in the current COVID-19 environment?

Yes, all of our guidelines, protocol and safety measures are put in place for the safety of our patients. These include PPE, Social distancing, one patient on the unit at a time and hygiene measures. We request all relatives/friends to wait outside the unit. Please see our COVID safety leaflet for more information.

7. Will the injections hurt?

We use anaesthetic drops in the eye to numb it. You will feel a slight pin prick but most patients tolerate the injections well.

8. Will I go blind?

Very few patients lose their sight. The treatment is designed to stabilise your vision and prevent further loss of vision. In some cases, patients may experience improvement to their vision. Without treatment patients will notice their CENTRAL vision deteriorate but they will maintain their peripheral vision.

Practice Plus Group Hospital, Shepton Mallet

Meet the team

Catherine Farr, Hospital Director

Catherine qualified with a BSc (Hons) in Adult Nursing from the University of the West of England in 1997. Before joining Practice Plus Group Hospital, Shepton Mallet, Catherine was a Ward manager on an elective care ward at Yeovil District Hospital for 10 years. Since then she has managed the Patient Experience Team, Outpatients, Clinical Governance and now the Operational team and Stores. Catherine is passionate about process development and delivering high quality, safe and effective patient care, she has been highly involved in the CQC preparation and the development of clinical outcome reporting within the hospital. In 2022 she became the Hospital Director of Practice Plus Group Hospital, Shepton Mallet.

Sarah Westell, Lead Nurse for Ophthalmology

Formerly a District Nurse Team Leader, Sarah has completed the Return to Practice Course in November 2019 after taking a career break to raise her family. Sarah joined the ophthalmology department at Shepton Mallet Hospital in March 2020 not realising there was so much to learn about eyes.

Sarah comments "I am a naturally caring and compassionate individual who thrives on challenge, particularly those challenges which have the potential to result in improving another's personal circumstances. We actually bring about positive life changing care here in the ophthalmology department. I provide high standards of care within all aspects of the Ophthalmology Department, ensuring patients in my care are treated with the utmost respect in a timely and efficient manner."

Charmaine Clegg, Operations Manager

Charmaine has a HND in leadership and management, and is an experienced operational leader who is passionate about providing an outstanding service of excellence for patients.

Charmaine has worked for Practice Plus Group for over 14 years in various roles within the company including patient services manager, referral manager and operations lead. In 2020 Charmaine became the operations manager at Practice Plus Group Hospital, Shepton Mallet. She is responsible for administration, capacity planning, facilities, soft services, clinical supplies and private healthcare at Practice Plus Group Hospital, Shepton Mallet.

Housein Hayali, Consultant Ophthalmologist

Mr Housein Hayali graduated from medical school in 1989 at the University of Baghdad, Iraq and in 1999 at the Medical University Utrecht, Netherlands. He completed his speciality training in ophthalmology in 2007 and has a special interest in medical retina, cataracts and oculoplasty.

Mr Hayali joined Practice Plus Group as a Consultant Ophthalmologist in 2019, working for both Practice Plus Group Hospital, Ilford and Practice Plus Group Surgical Centre, Gillingham, before joining the team at Practice Plus Group Hospital, Shepton Mallet. Passionate about ophthalmology, Mr Hayali is a member of the North of England Ophthalmological Society and frequently travellers to Ghana to help treat patients with glaucoma and cataracts.

Heidi Soderlin, Head of Clinical Services

Heidi qualified as a nurse in Finland 1995 and has worked in operating theatres since 2001 relocating to the UK in 2005. Once in the UK Heidi worked initially as a theatre nurse and then progressed to that of manager for theatres, recovery and endoscopy in 2010. Most recently she has taken on the management of the ophthalmology speciality as part of her role.

Heidi has successfully attained two Masters Degrees, one in teaching and one in leadership. She regularly teaches Human Factors in her hospital and has been closely involved in starting the Nurse Apprenticeship programmes in Shepton Mallet Hospital and has been actively involved in the International Recruitment project which is proving to be hugely successful.

COVID-19

Information

In accordance with national guidance, all planned treatments and appointments will go ahead as normal unless patients are told otherwise.

To keep our service as safe as possible, we encourage patients to attend appointments on their own unless there is a genuine need for someone to accompany, such as a carer, interpreter or other supporter. Where patients have been driven to their appointment by a friend, carer or relative, we request that the driver remains in their car unless there is a genuine need as above.

COVID-19 has meant that across all areas of our lives we are having to do things differently. Our service has also made changes to keep everyone safe while continuing to care for those who need us most.

Please note that if you or someone within your household have any symptoms of COVID-19 such as a new cough, loss of taste or smell or a high temperature, you do not attend our service. You should remain at home until your symptoms have passed to avoid any risk to other patients and staff.

To keep everyone safe we ensure:



Full PPE is worn by staff at all times.



Cleaning between each patient: We have increased our cleaning routines and removed some 'high touch point' equipment such as vending machines and water dispensers.



Handwashing is one of the most important ways for us all to reduce the spread of the virus. All colleagues and patients are required to practice good hand hygiene; we have regular hand wash stops, and guidance on how to wash your hands effectively is visible throughout our building. We have also increased the number of hand sanitising dispensers available.



Regular covid testing of all employees.



Social distancing where possible.

**Practice Plus Group Hospital,
Shepton Mallet**

Old Wells Road
Shepton Mallet
Somerset
BA4 4LP

Reception: 0333 321 8278 (Calls are recorded for quality and training purposes)

Opening times: 8am – 5pm Monday to Friday.

8am – 4pm weekends.

(Clinic times may vary according to requirements)