



**Somerset  
Sight** Working with people  
who lack sight, not vision



Local Optical Committee

# OVERCOMING THE PRACTICALITIES OF LIVING WITH SIGHT LOSS

*HEAR FROM THOSE WITH LIVED EXPERIENCE.*

*HOW TO ACCESS EMOTIONAL, PRACTICAL, TECHNOLOGICAL AND PEER  
SUPPORT IN SOMERSET*

We will cover :

- The emotional impact of sight loss.
- The practical difficulties faced and how to overcome
- Sight conditions
- Magnifiers, practical gadgets available and techniques to use them
- Lighting and contrasting colours
- What happens at a Somerset Sight Low vision assessment
- Technology and apps available
- How to access and refer to services available in Somerset and National support

## CPD POINTS AVAILABLE!



Tuesday 30<sup>th</sup>  
September  
6:30 - 8:00



Northfield House,  
51 Staplegrove Road  
Taunton  
TA1 1DG



**BOOK HERE**

[HTTPS://BIT.LY/SOMERSETSTIGHT](https://bit.ly/somersetstight)

[www.somersetstight.org.uk](http://www.somersetstight.org.uk)

[www.somerseteyecare.co.uk](http://www.somerseteyecare.co.uk)